Welcome to Aylesbury Squash Club (ASC)

We are very pleased to welcome you and hope you enjoy your time at ASC. Please read and agree to our Club Code of Conduct. Once you've done that, you can proceed with selecting your membership.

If you have any questions, feel free to contact the Club Office at gm@aylesburysquash.com or call us at 01296 398230.

Aylesbury Squash Club Code of Conduct for All Members, Coaches, Children, Visitors, Administrators, Volunteers, and Staff:

The club reserves the right to suspend membership or refuse bookings via Pay & Play for any player found in breach of the code of conduct.

Aylesbury Squash Club is fully committed to safeguarding and promoting the well-being of all its members and visitors. We believe it is essential for all members, coaches, visitors, administrators, and parents/guardians to show respect and understanding for the safety and welfare of others. Members are encouraged to be open and share any concerns or complaints with a member of the Squash Committee or the Welfare/Safeguarding Officer.

As a member or visitor of Aylesbury Squash Club, you are expected to abide by the following code of practice:

ALL MEMBERS AND VISITORS

- Must act in accordance with the Club Rules and Bylaws as displayed in the clubhouse and on the ASC website.
- Must play within the rules and respect officials and their decisions.
- Must not use inappropriate language, and racket and ball abuse will not be tolerated.
- Must respect the rights, dignity, and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs, or sexual identity.
- Should adhere to agreed timings for training, matches, and competitions, or inform their opponent, coach, or team captain if they are going to be late.
- It is recommended that squash players wear goggles on court for their own safety (compulsory for under-19s). Only clean, non-marking trainers should be worn on the squash courts.
- Must wear appropriate athletic clothing and footwear suitable for indoor sport (non-marking and indoor use only). Clothing should be comfortable, non-restrictive, and free from items that could pose a safety risk. Participants are required to wear shirts or appropriate tops at all times. For hygiene and safety reasons, bare feet, jeans, sandals, or any non-sport-specific footwear are not permitted. The facility reserves the right to refuse participation to individuals not adhering to these attire guidelines.
- Must pay any fees for training or events promptly.

- Must ensure they do not enter the court before their scheduled time and must vacate
 the court promptly at the end of their session to allow others to use the facility as
 scheduled.
- Players are requested to change and shower (if appropriate) before using the bar and social areas of the sports club to maintain hygiene and a comfortable environment for all members.
- Must leave the courts as you found them and must not bring food or drink into the courts
- Spectators must sit or stand in the designated viewing areas and must not sit or lean over the balconies.

JUNIORS

- **STAY SAFE**: Keep yourself safe at the club, listen to your coach or volunteer, behave responsibly, and speak out when something is not right.
- **ARRIVE PREPARED**: Always bring the correct kit for your sport. Under-19 squash players must always wear goggles on the squash court and wear clean, non-marking trainers on the squash courts. Always bring plenty of water for breaks.
- NO SMOKING OR ALCOHOL: Junior members are not allowed to smoke, consume alcohol, or use drugs of any kind on the premises or while representing their team at competitions.
- STAY VISIBLE: When at the club, stay where we can see you and do not wander off.
- NO BULLYING: Report any incidents of bullying to a coach or the Club Welfare/Safeguarding Officer.
- **BEHAVIOUR**: Players must not use inappropriate language, and racket and ball abuse will not be tolerated.
- **CELEBRATE DIFFERENCES**: Respect and celebrate differences in our club and do not discriminate against anyone based on gender, race, sexual orientation, or ability.
- **HAVE FUN**: Help make our club a safe and friendly place to be. Play your sport by the rules and have fun. Respect all our coaches, volunteers, and the club.

PARENTS

- Children under 11 should always have parental supervision when not taking part in a structured coaching session.
- Ensure your child has the appropriate kit for the lesson. Squash players under 19 must always wear goggles on court and bring a pair of clean, non-marking trainers. Make sure they are dressed appropriately for play and for the weather and bring enough food and drink.

- Please ensure your child arrives in time for their lesson and is picked up promptly. Let the coach know if you are running late or if your child is going home with someone else.
- Keep all contact information and medical records updated.
- Maintain a good relationship with coaches and volunteers at the club. Talk to us if you have any concerns—we welcome your feedback.
- Ensure your child understands their code of conduct.
- Use social media responsibly when discussing and sharing activities at the club.
- Encourage your child to learn the rules of their sport and play within them.
- Discourage unfair play and arguing with officials.
- Help your child recognize good performance, not just results.
- Never force your child to take part in sport. Listen when your child says they do not want to do something.
- Set a good example by recognizing fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept judgments made by officials.
- Support your child's involvement and help them enjoy their sport.
- Always use correct and respectful language.
- Be patient—steady progression is unusual in children; peaks and plateaus are common.
- Your first question following any match should be: "Did you enjoy it?" not "Did you win?"
- At no stage should you communicate with your child or interfere with the on-court helpers and referees during a match—just enjoy the game and let officials take care of the rules!

COACHES AND VOLUNTEERS

- Implement our safeguarding policies and procedures.
- Report any concerns to our Welfare Officers.
- Listen to any concerns that parents or young people may have.
- Use constructive training methods to develop children's abilities across all coaching programs.
- Respect your position of trust and maintain appropriate boundaries and relationships with young people.
- Ensure all equipment at the club is fit for purpose.
- Respect children's trust and well-being while being honest with them. Lead by example.

- Develop positive relationships with parents; regularly update them about their child's development.
- Always ensure the club is a warm and friendly environment.
- Stop play if an injury occurs and treat it with appropriate first aid if needed.
- We expect all our coaches and volunteers to follow the code of conduct as set out above.
- If any coach behaves in a manner that contradicts any of the above, the Squash Committee will address the matter accordingly.

CONTACTS

For more information, please contact our safeguarding team at safeguarding@aylesburysquash.com.

Or contact our Safeguarding/Welfare Officer via the main club contact number: 01296 398230.

Or our Deputy Safeguarding/Welfare Officer: TBC

Alternatively, contact Buckinghamshire Council's Child Protection and Safeguarding Team during office hours on 01296 383962 or 0800 999 7677 at other times.

You can also use the following link to report a concern: Report a concern about a child | Buckinghamshire Council.

Or call the NSPCC: 0808 800 5000 or visit NSPCC helpline.

For the LTA, visit <u>LTA Safeguarding Concern</u>.

For England Squash, email safeguarding@englandsquash.com.

Or contact the Police on 101 (or 999 in an emergency).